



HDMS School Breakfast & Lunch Schedule

***Vegetarian option available daily when requested in the morning.**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
August	22 Yogurt w/ Homemade Granola with Fruit & Milk Spaghetti w/ Marinara Sauce and Beef (Veg. Option is Marinara Sauce), w/ Fruit and Milk	23 Grilled Cheese Sandwich w/ Fruit and Milk Bean & Cheese Burrito (Vegetarian) w/ Fruit & Milk	24 French Toast Casserole or Waffle w/ Fruit & Milk Pepperoni Pizza (Veg. Option is Cheese) w/ Fruit & Milk	25 Bagel & Cream Cheese w/ Fruit & Milk Veggie Stir Fry w/ Rice & Fruit & Milk	26 Quesadilla w/ Fruit & Milk Chicken Sandwich (Veg. Option is Veggie Wrap) w/ Fruit & Milk
	29 Yogurt w/ Homemade Granola with Fruit & Milk Rotini w/ Broccoli and Cheese (Vegetarian) w/ Fruit & Milk	30 Grilled Cheese Sandwich w/ Fruit and Milk Chicken Quesadilla (Veg. Option is Plain Quesadilla) w/ Fruit & Milk	31 French Toast Casserole or Waffle w/ Fruit & Milk Mushroom & Black Olive Pizza (Vegetarian) w/ Fruit & Milk	1 Bagel & Cream Cheese w/ Fruit & Milk Beef Chili (Veg. Option is Vegetarian Chili) w/ Fruit & Milk	2 Teacher Work Day
September	5 Labor Day	6 Grilled Cheese Sandwich w/ Fruit and Milk Pulled Pork Tacos (Veg. Option is Bean Tacos) w/ Fruit & Milk	7 French Toast Casserole or Waffle w/ Fruit & Milk Cheese Pizza (Vegetarian) w/ Fruit & Milk	8 Bagel & Cream Cheese w/ Fruit & Milk Veggie Curry w/ Rice (Vegetarian) w/ Fruit & Milk	9 Quesadilla w/ Fruit & Milk Beef Burger (Veg. Option is Veggie Burger) w/ Fruit & Milk
	12 Yogurt w/ Homemade Granola with Fruit & Milk Spaghetti w/ Marinara Sauce and Beef (Veg. Option is Marinara Sauce), w/ Fruit and Milk	13 Grilled Cheese Sandwich w/ Fruit and Milk Bean & Cheese Burrito (Veg.) w/ Fruit & Milk	14 French Toast Casserole or Waffle w/ Fruit & Milk Pepperoni Pizza (Veg. Option is Cheese) w/ Fruit & Milk	15 Bagel & Cream Cheese w/ Fruit & Milk Veggie Stir Fry w/ Rice & Fruit & Milk	16 Quesadilla w/ Fruit & Milk Chicken Sandwich (Veg. Option is Veggie Wrap) w/ Fruit & Milk
	19 Yogurt w/ Homemade Granola with Fruit & Milk Rotini w/ broccoli and alfredo sauce, fruit and milk	20 Grilled Cheese Sandwich w/ Fruit and Milk Chicken Quesadilla (Veg. Option is Plain Quesadilla) w/ Fruit & Milk	21 French Toast Casserole or Waffle w/ Fruit & Milk Mushroom & Black Olive Pizza (Vegetarian) w/ Fruit & Milk	22 Bagel & Cream Cheese w/ Fruit & Milk Beef Chili (Veg. Option is Vegetarian Chili) w/ Fruit & Milk	23 Quesadilla w/ Fruit & Milk Ham Sub (Veg. Option is Cheese Sub) w/ Fruit & Milk
	26 Yogurt w/ Homemade Granola with Fruit & Milk Chicken Alfredo Pasta (Veg. Option is Veggie Alfredo) w/ Fruit & Milk	27 Grilled Cheese Sandwich w/ Fruit and Milk Pulled Pork Tacos (Veg. Option is Bean Tacos) w/ Fruit & Mild	28 French Toast Casserole or Waffle w/ Fruit & Milk Cheese Pizza (Vegetarian) w/ Fruit & Milk	29 Bagel & Cream Cheese w/ Fruit & Milk Veggie Curry w/ Rice (Vegetarian) w/ Fruit & Milk	30 Quesadilla w/ Fruit & Milk Beef Burger (Veg. Option is Veggie Burger) w/ Fruit & Milk
October	3 Fall Break	4 Fall Break	5 Fall Break	6 Fall Break	7 Fall Break